



## Why Worry?

*In quietness and in confidence shall be your strength. – Isa. 30:15*

Worry is a great foe to holiness, and perfect trust puts an end to worry. "I would as soon swear as fret," said John Wesley. The murmuring and complaining of His children has ever been a great sin in the sight of God and has led to untold suffering on their part.

Most people do not see this to be a sin, but it is. It dishonors God, blinds the eyes to His will, and deafens the ears to His voice. It is the ditch along one side of the pathway of trust. Lazy or heartless indifference is the ditch on the other side. Happy is the Christian who keeps out of either ditch and walks securely on the pathway. Though it may be often narrow and difficult, it is safe. Praise the Lord!

Worrying prevents quiet thought and earnest, believing prayer; and it is, therefore, always bad. If circumstances are against us, we need quietness of mind, clearness of thought, decision of will, and strength of purpose with which to face these circumstances and overcome them. But all this is prevented or hindered by fret or worry.

*Trusting as the moments fly;  
Trusting as the days go by;  
Trusting Him whate'er befall;  
Trusting Jesus, that is all.*

– EDGAR PAGE STITES